



How We Treat Kratom and 7-OH Withdrawal

At Direct2Recovery, treatment is individualized to each patient's symptoms and level of dependence. Common medications may include:

Suboxone® (buprenorphine/naloxone)

Often the most effective treatment for moderate to severe kratom and 7-OH dependence. Suboxone can dramatically reduce withdrawal symptoms and cravings.

Nausea and Vomiting — Ondansetron (Zofran®)

Helps control nausea and vomiting, allowing patients to stay hydrated and more comfortable during withdrawal.

Muscle Cramps and Body Aches — Methocarbamol (Robaxin®)

Can provide relief from the muscle pain, cramping, and body aches commonly experienced during withdrawal.

Insomnia — Trazodone

Many patients experience difficulty falling asleep or staying asleep during withdrawal. Trazodone can help improve sleep quality and support recovery.

Acute Anxiety and Restlessness — Hydroxyzine and Gabapentin

Withdrawal often causes significant anxiety, nervousness, agitation, and restlessness. Hydroxyzine and gabapentin can help reduce these symptoms and improve overall comfort during recovery.

Sweating, Chills, Rapid Heart Rate, and Physical Withdrawal Symptoms — Clonidine

Can help reduce many of the physical symptoms associated with opioid-like withdrawal.

Treatment plans are tailored to each patient. Some patients require only short-term comfort medications, while others benefit from Suboxone-based treatment to control cravings and support long-term recovery.

Treatment is available completely online throughout Arizona. Most patients can begin treatment from the comfort of their own home.

Start your online treatment today.

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